

Top 40 items to trade in post apocalyptic world

After major disaster, things you can best barter with.

1. Water purification system including purification tablets and filters (tablets have 2 year shelf life), bleach
2. Knives of various types including fixed blades, kitchen knives, and box cutter
3. Sanitary supplies including toilet paper, soap, feminine products and diapers
4. First aid for wound care, aspirin, cough syrup, cortisone cream, boil-ese, calamine lotion and topical pain relievers
5. Solar battery charger and rechargeable batteries, Crank flashlight/ radio, Cell phone charger, flashlight and batteries, light sticks, candles
6. Bags, including large garbage bags as well as smaller zip-close bags, foil
7. Fire making supplies, including lighters, matches, flint fire steel, fire gel
8. Hand tools including axe, hatchets, saws, shovel, basic tools
9. Toiletries including toothpaste, razor, dental floss soaps, shampoo
10. Amusements such as playing cards, crossword puzzle books, Sudoku
11. Plastic sheeting, tarps, blankets, sleeping bag, tent
12. Canned food or preserves, 5-25 year shelf life food
13. Fuel, any and all kinds (gas, diesel, propane, kerosene)
14. Prescription drugs, painkillers, and antibiotics
15. Condiments and Spices. Salt for preserving meat
16. Bible, paperback books on a variety of subjects
17. Cigarettes, Tobacco and cigarette rolling supplies
18. Pepper Spray, bear spray, Tazer
19. Mirror for signaling and grooming
20. Empty spray bottles and squirt bottles
21. Syphon, hand pumps for both air and liquids
22. Liquor: bourbon, rum, gin, and vodka
23. Cash in small denominations
24. Sewing and mending supplies
25. Walkie talkies/ batteries
26. Mylar blanket, poncho
27. Hard candy, chocolate
28. Nitrile or latex gloves
29. Paracord, rope, cable
30. Tie wraps, zip ties
31. Pencils & paper
32. Reading glasses
33. Coffee and tea
34. Duct tape
35. Fishing Supplies
36. Compass
37. Bicycle
38. Garden seeds
39. Hand warmers
40. Gold and silver

See the video

Dr. Gina & Jeff Primes on what every person must have to be prepared for disaster.

